

# CST-L3 Candidate Self-review of Counselling Practice

Candidate's name: ..... Date: ..... Course: .....

## The session

Describe something you did well in the session:

Identify something you could have done better. Say how:

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How did theory help you understand your client?

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Comment on how the relationship was formed and maintained:

## Reflection on the session

Were there any issues of similarity or difference between you and your client? How did you work with this?

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Any other comments: